

Men Over 40: Do You Feel Like a Frequent Flyer to Your Bathroom Every Night?

Experience How Nature's Most Potent Solution Will Eliminate Your Prostate Problems and Restore Your Energy & Virility TODAY!

Dear Friend:

If you had seen my friend, Dave, just a few short weeks ago, you'd never believe he's the same active, life-loving and energetic man you see today.

I was surprised by the lackluster look in his eyes and the sullen moods he'd often slip into. Even his friends were starting to avoid him.

When I asked if he was getting enough sleep, he admitted he couldn't remember when he last had a full night's sleep. He was making frequent and irritating trips to the bathroom. Once there, he found it difficult to urinate without pain.

Then he reluctantly admitted that the pleasure had gone out of sex. He'd even experienced the humiliation of losing an erection too soon a couple of times.

When I suggested he try a new natural supplement I've discovered, he soon began to experience total relief from the symptoms that had been plaguing him.

Now, after faithfully taking the pills for a few weeks, the sparkle has returned to his eyes. He greets every day with his old vim and vigor.

His friends flock to be with him again. And from the way he and his wife look at each other, I'd say things have dramatically improved in the bedroom as well.

Do You Know What Your Prostate Does?

If you're not sure what your prostate gland is or what it does, you are not alone. Most men (and women) don't really understand the prostate. When you consider that 30 million men suffer from prostate conditions that impact their quality of life negatively, it's time to start learning...

The prostate is a male sex gland that produces and stores the fluid that carries semen. Located between the bladder and the base of the penis, it encircles the urethra (the tube that drains urine from the bladder for excretion).

Your prostate directly affects:

- Your ability to urinate correctly
- Your ability to function sexually
- Your ability to procreate

At birth the prostate is about the size of a pea. With increased testosterone at puberty, it doubles in size. There is slow growth until your 30's and 40's. A healthy prostate is roughly the size of a walnut. By age 60, the prostate can grow to the size of a lemon.

Learn the Facts NOW!

- ✓ Over 50% of men in their 60's and as many as 90% in their 70's and older have symptoms of an enlarged prostate or Benign Prostatic Hyperplasia (BPH).
- ✓ An enlarged prostate is the most common prostate health problem among men.
- ✓ For men over 50, prostate enlargement will likely continue for the rest of their lives.
- ✓ Over 230,000 men are diagnosed with prostate cancer annually and 30,000 die of it each year.
- ✓ Prostatitis (inflammation or infection of the prostate) impacts men of all ages and affects 35% of men aged 50 and older.
- ✓ BPH is associated with aging and probably due to hormonal changes.
- ✓ BPH symptoms occur when an enlarged prostate squeezes the urethra, restricting urinary flow.

Before You Know What Hits You, the Trouble Begins

Perhaps, just like my friend, Dave, you are cruising through life enjoying your favorite activities. And then you begin to notice changes...

- You feel an increased need to urinate, especially at night
- You experience weak, slow or intermittent urine flow
- You have dribbling, burning or discomfort when urinating
- You may need to strain or push to get the urine started
- You feel like you are not completely emptying your bladder
- You are unable to achieve or maintain an erection during sex
- You start to get chronic infections
- You drag yourself out of bed 2, 3, sometimes 4 times a night to urinate
- You may notice blood in your urine

Before you know it, your urinary and sexual problems are getting out of control and having a huge negative impact on your daily life. What's happening to you is your prostate has grown large enough to press against your urethra and affect urinary and sexual functioning.

From Annoying Irritations to Serious Health Issues

Let's face it, getting up 3 or 4 times during the night to try to urinate can be downright irritating, not to mention exhausting. It's going to impact your moods, your energy and your general quality of life.

And without a healthy prostate, it's almost impossible to enjoy sex and achieve an orgasm.

If your prostate grows to where it presses against the walls of the urethra so it severely restricts blood flow, things are going to get much worse. Your bladder won't be able to completely empty which can lead to infection. This will strain your entire immune system.

You could end up with total bladder obstruction, organ damage and the need for some serious surgery.

Introducing the Single Natural Supplement That Contains ALL 18 nutrients KNOWN to Promote Prostate Health

Many men are not aware that powerful natural supplements can help relieve their prostate symptoms and help to prevent prostate cancer.

Most don't like to talk about their symptoms. So they suffer silently and needlessly. And they live with increasing anxiety and depression as things get worse and worse.

With Mother Nature's help, you can find relief from all the symptoms of an enlarged prostate (BPH) and prostatitis.

The nutrients in **Prostate Health Essentials™** deliver quick, drug-free, and long-lasting relief from the most persistent prostate problems:

- ✓ Frequent night-time urination
- ✓ Swelling and prostate discomfort
- ✓ Prostatitis and enlarged prostate infections
- ✓ Weak and painful urination
- ✓ Frequent urges to go yet trouble getting urine flow
- ✓ Loss of virility and sexual performance

Here at Senior Life Health, we guarantee that **Prostate Health Essentials™**, our #1 selling product, will work for you! That's right...we offer a 100% unconditional, no-questions-asked 90-day money-back guarantee.

Unlike manufactured drugs, these nutrients work their magic without side effects. But they won't work overnight and we don't claim they will. They need time to build up in your system to provide long-term results. Our customers experience initial relief in 1-2 weeks with full results in 4-6 weeks.

That's why we give you a full 90 days—that's 3 months—to feel the relief you've been dreaming about...

~Imagine waking from a night's slumber fully rested with no trips to the bathroom during the night.

~Imagine taking your grandkids to the ball game and not caring how close your seats are to the restrooms.

~Imagine going out with the guys for a round of golf knowing you can enjoy a full 18 without racing off to the clubhouse several times.

~Imagine the look in your partner's eyes when you both enjoy lovemaking with a passion like you had in your 20's.

Put These Potent Nutrients to Work for You Today with ONE easy-to-take pill!

A very select number of vitamins, minerals and herbs have been shown to produce remarkable results in treating and preventing prostate disorders. The most widely studied and frequently used are: Saw Palmetto, Lycopene, Beta Sitosterol, Selenium and Pygeum.

In **Prostate Health Essentials™**, you get each of these **and 14 more** effective ingredients! That's 18 natural ingredients working to improve and maintain your prostate health.



Supplement Facts

Serving Size 3 Capsules

Amount Per Serving	% Daily Value
Vitamin B6 (pyridoxine hydrochloride)	5mg 250%
Zinc (picolinate)	50mg 333%
Copper (gluconate)	750mcg 38%
Selenium (amino acid chelate)	200mcg 286%
Vitamin E (d-Alpha)	30 IU 100%
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Saw Palmetto (40-45% extract)	300mg *
Beta-Sitosterol	450mg *
Pygeum Africanum (herb powder)	150mg *
Red Raspberry (juice extract)	75mg *
Gawcola (herb powder)	75mg *
Green Tea (50% extract)	75mg *
Cat's Claw (herb powder)	45mg *
Broccoli (4:1 extract)	30mg *
Lycopene	15mg *
Stinging Nettle (herb powder)	30mg *
Maitake Mushroom	15mg *
Reishi Mushroom 4:1 Extract	15mg *
Shiitake Mushroom	15mg *
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Proprietary Blend	387mg *
Consisting of: Quercetin, Juniper Berry Powder, Uva Ursi Powder, Buchu Leaf Powder, Magnesium Stearate, Silicon Dioxide, Glutamic Acid, L-Alanine, L-Glycine, Calcium D-Glucarate, Pumpkin Seed Powder, Burdock Root Powder, Cayenne Pepper Powder, Goldenseal Powder, Gravel Root Powder, Marshmallow Root Powder, Parsley Leaf Powder, and White Pond Lily Powder.	
*%Daily Value not established.	

ALLERGEN WARNING: CONTAINS SOY (BETA-SITOSTEROL)

Our Comprehensive Natural Formula Contains Optimal Levels of 18+ Different Prostate Support Ingredients – All Have a Reputation for Success

The ingredients in our **Prostate Health Essentials™** formula are based on scientific research. Too much of an ingredient can be a waste of money; too little is not effective. So optimal levels of each ingredient have been determined by hundreds of hours of research, numerous studies and reports published in well-known medical and scientific journals.

Here are Some of the Key Ingredients that will Provide the Fast Relief and The Ongoing Protection You Desire:

1. Beta-Sitosterol: The most effective natural remedy known for prostate problems. It is an inhibitor in the production of Dihydrotestosterone (or DHT), the hormone which stimulates prostate growth. Beta-sitosterol is in common foods that we eat daily, but only in very small amounts. Beta-sitosterol is completely safe and has absolutely no side effects. Numerous international scientific journals have published scientific studies that show Beta-sitosterol as one of the most effective remedies known for solving prostate problems. Beta-sitosterol is currently used as a prescription drug in Europe to reduce nighttime urination, frequency, urgency, dribbling and painful urination. It has a 16-year history of effectiveness and safe use. Each daily dose of Prostate Health Essentials™ contains 450 mg of Beta-sitosterol.

2. Saw Palmetto: Supports healthy prostate function, improves body strength, supports healthy hormonal balance, healthy immune function and increases libido. Studies have shown it to be effective in the treatment of BPH, and greatly improve prostate health by decreasing the size of the enlarged prostate by over 60% for most patients. Many studies show that Saw Palmetto extract can also alleviate many of the symptoms, such as increased urinary frequency, nighttime urination and reduced urine flow. A clinical trial conducted in France reported that the number of times men had to urinate at night decreased by 45%, and urine flow rate increased by 50%. The extract lowered nighttime urination frequency and decreased residual urine. The percentage of patients with painful urination decreased from 75% to 37%. The effectiveness of the herb was considered to be good to excellent in more than 80% of the cases, and good to excellent tolerability was reported by more than 95% of users.

Saw Palmetto may be as effective in treating BPH as prescription medication. In an analysis paper on the clinical trials of Saw Palmetto published by the Journal of the American Medical Association found that men given Saw Palmetto were twice as likely to report an improvement in symptoms as those given a placebo. Each daily dose of our Prostate Health Essentials contains 300 mg of saw palmetto.

3. Selenium: Studies show that daily Selenium supplements cut your risk of prostate cancer by 50% or more. Quite a few promising studies published in 2004 showed the potential benefits of selenium in the prevention of prostate cancer. One particular epidemiological study published in May 2004, in the Journal of the National Cancer Institute, revealed that men with high blood levels of selenium were about half as likely to develop advanced prostate cancer as those with lower blood selenium. Each daily dose of Prostate Health Essentials™ contains 200 mcg of Selenium.

4. Lycopene: Reduces the chances of prostate cancer. Lycopene is a potent anti-oxidant and is found in high concentrations in healthy prostate tissue. Several research studies have suggested that the chances of prostate cancer may be decreased by taking Lycopene as a supplement. Lycopene is a powerful antioxidant that protects the body from free radical damage. It is very helpful in promoting a healthy prostate. It is one of the most important carotenoids in the Western diet and can be found in tomatoes and tomato products. It accounts for approximately 50% of all carotenoids in human serum. For these reasons, Prostate Health Essentials™ contains 15 mg of Lycopene complex.

5. Pygeum Africanum: Relieves urinary symptoms caused by an enlarged prostate. Pygeum extracts have been used for more than 30 years in Germany and Austria for patients suffering from prostate enlargement. Currently, Pygeum is the most commonly used medicine in France for BPH, backed by many double-blind studies pointing to its efficacy for reducing urinary symptoms. Pygeum contains phytosterols which have been shown to reduce inflammation by inhibiting/reducing prostaglandin production, an important factor causing prostate enlargement. Just exactly how pygeum works its magic is not entirely clear. Indications are it reduces inflammation in the prostate gland, promoting urination and clearing out any cholesterol deposits in the area. All studies indicate that this herb works differently than Saw Palmetto, so the cumulative effect of using both is to your advantage. Clinical trials have found that men tolerate pygeum treatment well and that it's most effective in cases of mild to moderate prostate enlargement. According to studies, you'll need at least 100 mg of standardized pygeum africanum extract a day. Each daily dose of our Prostate Health Essentials™ contains 150 mg of pygeum.

6. Zinc: An important nutrient in promoting and maintaining prostate health. Zinc is more abundant in a healthy prostate than in any other organ. Research studies have shown that zinc deficiencies contribute importantly to prostate enlargement. For example, studies have found that an inflamed prostate contains only 10% of the zinc found in a healthy prostate gland. Prostate Health Essentials™ was designed with this in mind, which is why it includes 50mg of Zinc per serving.

7. Copper: Plays a major role in antioxidant enzyme systems. Antioxidants are essential for maintaining prostate health. Over time, copper may be depleted by zinc so we add 750mcg to insure your body has an adequate supply.



8. Vitamin B-6: Zinc and vitamin B-6 are included in this formula because they are required for proper hormone metabolism and they help prevent prostate enlargement. B-6 also helps to body absorb the zinc.

9. Vitamin E: Daily doses of Vitamin E can reduce prostate cancer risk by a third and the disease's death rate by up to 41 percent, a recent study of thousands men in Finland. "This study for the first time really gives us that ray of hope that with something simple like a vitamin supplement, in this case a vitamin E supplement at a relatively modest dosage, that we can actually intervene, can actually hope to prevent prostate cancer," said study co-author Dr. Demetrius Albanes.

10. Green Tea: New research suggests that phytochemicals in green tea may help prevent the spread of prostate cancer. Research found that the phytochemicals in green tea increase the number of enzymes that convert carcinogens that locate themselves in the prostate into harmless inactive chemicals.

11. Graviola: Some studies have shown graviola to have anti-viral, anti-parasitic and potent anti-cancer properties. Research has shown that extracts from this miraculous tree deep within the Amazon Rainforest attack cancer safely and effectively—without causing extreme nausea, weight loss and hair loss. And this remarkable compound selectively tracks and kills ONLY cancer cells and not healthy cells! The Graviola tree compounds have proven to be **up to 10,000 times stronger** in slowing the growth of cancer cells than the common chemotherapeutic drug, Adriamycin.

12. Red Raspberry: Research at the Hollings Cancer Center shows that one cup of raspberries per week will stop prostate cancer growth for a period of up to one week. Their studies reveal that Ellagic acid from red raspberries is readily absorbed through the gastrointestinal tract.

13. Cat's Claw: A remarkable herb cultivated in the Peruvian Rain forest. It has been used for hundreds of years by the native Ashanica Indians for treatment of a wide range of health problems. The recent explosion of medical research suggests that Cat's Claw may reduce the possibility of certain degenerative and inflammatory diseases.

14. Stinging Nettle: A study conducted in France had 67 men with various degrees of BPH take stinging nettle extract for up to six months. The treatment significantly reduced the number of night time trips to the toilet, especially in men with mild BPH. Symptom relief was achieved in as little as three weeks in those with the mildest BPH.

15. Quercetin: Blocks the androgen (hormone) activity in androgen-responsive human prostate cancer cell lines. By blocking the androgen activity, the growth of prostate cancer cells can be prevented or stopped.

16. Juniper Berry Powder: Juniper oil can help calm the nerves, relieves anxiety, nervous tension and mental exhaustion. It is helpful when the prostate gland is enlarged and is used to help when difficult to pass urine.

17. Magnesium Stearate: A critical component in maintaining a healthy prostate and urinary tract. Also prevents formation of kidney stones.

18. Burdock Root: Contains polyacetylenes, amino acids and inulin; restores harmony to the body . It stimulates bile, acts as a liver cleanser and as a blood purifier. It promotes prostate and kidney function, also helps body filter blood.

19. Plus, a Propriety Blend of additional important Herbs and Vitamins (Quercetin, Juniper Berry Powder, Uva Ursi Powder, Buchu Leaf Powder, Magnesium Stearate, Silicon Dioxide, Glutamic Acid, L-Alanine, L-Glycine, Calcium D-Glucarate, Pumpkin Seed Powder, Burdock Root Powder, Cayenne Pepper Powder, Goldenseal Powder, Gravel Root Powder, Marshmallow Root Powder, Parsley Leaf Powder, and White Pond Lily Powder)

All Of These Herbs And Vitamin Supplements Work Together In Synergy to Support Your Prostate Health and Relieve Your Symptoms.

“Eat food. Mostly plants. Not much.”
~Dr. Mark Hyman, Ultrawellness Center
Lenox, MA

Of course, there are common-sense steps you can take daily to help your prostate stay healthy and productive:

1. Get your prostate checked annually starting at age 40
2. Eat right. A diet high in fiber and low in fat will keep you healthy. Avoid high fats and processed red meat, especially fatty meats. Lots of raw fruits and vegetables will provide many of the nutrients needed for good health.

3. Exercise regularly and watch your weight. Research shows that men who exercise moderately three times per week have fewer prostate problems. Make exercise a fun and regular part of your routine. (Bicycling and weight lifting are not recommended for men with prostate problems).
4. Don't smoke.
5. Limit alcohol and avoid caffeine.
6. Drink lots of water. This can help flush out your bladder and dispose harmful toxins and bacteria. Urine should be practically clear.
7. Have regular sex. Sex is good for you and GREAT for your prostate. With ejaculation, the prostate gland completely empties and seminal fluid carries any toxins and bacteria with it.

When you combine these common-sense healthy habits with your daily dose of **Prostate Health Essentials™**, you'll enjoy the same vim and vigor that my friend Dave reclaimed in his life. And you can rest assured that you've given your body the most optimal nutrients for good prostate health.

As I mentioned earlier, we guarantee that you'll get relief from the irritating symptoms of common prostate problems. We're so sure of this, we'll refund every penny you paid for **Prostate Health Essentials™** if you are not thrilled with your new annoyance-free life and renewed energy and virility.

We Guarantee it 100%- Get Results or it Costs Nothing!

We stand behind every product we sell with a 100% Money-back Guarantee! We have tested our products and believe that they will give you the results you desire. If, within 90 days, you are not completely satisfied, simply return the bottles with any unused portion and we will provide you with a 100% Money-Back Guarantee (excludes shipping).

SeniorLife Health provides seniors with low-cost alternatives to the high cost of prescription medicines. Our top-quality natural health supplements can improve the quality of life.

So many men are enjoying the benefits of **Prostate Health Essentials™**, I'd love to see you join them. Here's just a few of the comments we've received from our customers:

"I had been having urination problems for some time; I was sometimes peeing 4 times a night. I ordered your prostate pills and they started working for me in two weeks." R Jerome, Cameron, TX

"I am very impressed with the effectiveness of your prostate remedy. I'm getting up less at night and two weeks ago I found out that my PSA has actually gone down. My doctor is impressed. I'll continue with your prostate formula." David M., Seattle, WA

*I've been taking your **Prostate Health Essentials** for 2 months. Yesterday I took bottle to show my Urologist. He told me it has all the important stuff in it. He wants me to continue taking it." Bob V., New Haven, CT*

"Finally a solution that's working. I've been using your Prostate Health Essentials for 3 months now and I don't have to get up as much at night, I'm sleeping more soundly, my urination seems more normal. Also the pain I had is gone." Dave L., Orlando, FL

"I would like to reorder your prostate medicine. I had been taking Flomaix and decided to try a natural product. Your product is giving me equal results so I'm going to stay with the Prostate Health Essentials." Tom G., San Diego, CA

*"I had my doubts about taking your all-natural pills instead of these prostate pills my doctor gave me. But so far I am really happy with the result I'm getting. Please send 2 more bottles so I can continue with the treatment. Your **Prostate Health Essentials** have changed my opinion about natural pills. No plans on going back on the drugstore." Joseph P., New London, CT*

*"I was waking at least 3 times every night to pee. My doctor diagnosed me with BPH. I decided to give **Prostate Health Essentials** a try before getting involved with prescription drugs. I was surprised that it helped so quickly! After about a week. I was sleeping through the night again, and during the day able to urinate much easier. I will recommend your formula to anyone." Larry E., Las Vegas, NV*

So why not try **Prostate Health Essentials**[™] today and start enjoying life again without embarrassing interruptions or humiliating sexual experiences?

Yours in Good Health,

XXX XXXX

CEO, Senior Life Health

Go natural! Your health will thank you.